

Risking Connection®



2012 Risking Connection® In-Person Consultation Events for RC Associate Trainers

Dates, Times, and Topics

March 6, 2012, 9:30-12pm -- **On the Cutting Edge: Neurofeedback and Trauma Treatment**



Robert Davis, Psy.D; Director, Brain Analysis and Neurodevelopment Center; Director, Perkins Neurotherapy Center; RC Faculty Member

May 8, 2012, 9:30-12 pm -- **Here We Go Again -- Teaching About and Working with Re-enactment**



Steve Brown, Psy.D. – Director, TSI of Klingberg; RC Faculty

September 11, 2012, 9:30-12pm -- **One Client at a Time: A Risking Connection Case Conference**



Pat Wilcox, LCSW and other RC Faculty. (We will ask several RC Trainers to present a current case to be discussed in small groups. If you are interested in presenting a case, let us know)

December 2012 (Date TBD)

6th Annual Day of Learning and Sharing (Full Day)

****Please note that the Day of Learning & Sharing is a different rate than the Consultation Groups. Registration and payment is handled separately****

Program Descriptions

March 6, 2012, 9:30-12pm -- On the Cutting Edge: Neurofeedback and Trauma Treatment

Neurofeedback is an individually-tailored assessment and treatment method to systematically change an individual's brain patterns to those associated with more positive physical, emotional, and cognitive states. Similar to traditional biofeedback treatment, neurofeedback uses monitoring devices to provide moment-to-moment information to an individual about the state of their brain's functioning.

There is a large and rapidly evolving literature on the effectiveness of neurotherapy approaches in the treatment of many psychological, behavioral and medical disorders such as, including symptoms associated with ADHD, Asperger's/autism, anxiety, depression, epilepsy, traumatic brain injury (TBI), sleep difficulties, and substance abuse. Evidence-based neurotherapy approaches are rooted in current neuroscientific research, are non-invasive, do not involve medication and are not associated with any significant negative side effects.

The presentation will briefly review the history of neurotherapeutic approaches and describe several treatment modalities, with an emphasis on the current evidence base for using neurotherapy to treat a variety of psychological and behavioral conditions.

May 8, 2012, 9:30-12 pm -- Here We Go Again -- Teaching About and Working with Re-enactment

Anyone who has worked closely with trauma survivor clients knows that trauma re-enactments are an inevitable part of the work. We can't avoid being drawn into replaying some of the abuse dynamics so central to our client's lives. We **can** be more consciously aware of these dynamics and respond from an intentional place rather than being unconsciously swept up in the drama.

This event will discuss methods for teaching about re-enactment, examine common patterns of trauma re-enactment that arise in treatment, and explore therapeutic interventions that can be used both in-the-moment of the re-enactment and longer term.

September 11, 2012, 9:30-12pm -- One Client at a Time: A Risking Connection Case Conference

Many RC trainers are consulting on difficult cases every day in their programs. Often they use the RC trauma framework and RC principles as a guide in those consultations. We thought it would be great to do this same kind of consultation process in a group of RC trainers – looking deeply at a particular challenging case; creating a supportive consultation atmosphere; learning together about application of RC principles to particular cases.

We will invite one or several RC trainers to prepare a case with which they are struggling. They will present the case to a small group of RC trainers and trainers will discuss the case with the help of Pat Wilcox and other RC Faculty. If you would like to volunteer to present, please be in touch with us.

Purpose

The consultation groups and events will provide continued learning about RC concepts and training issues, topics related to trauma and trauma-informed care, and practice in teaching RC. The events are also aimed at building a community of RC Trainers and programs who are using an RC approach.

Who Should Attend

These events are for credentialed RC Associate Trainers only. On occasion, we open the Day of Learning and Sharing up to a wider audience.

It is required that all RC Associate Trainers in Massachusetts, Connecticut, and Rhode Island attend two of the four annual trainer events in order to maintain their RC Associate Trainer credential.

Location

Klingberg Family Center, 157 Charter Oak Ave., Hartford, CT 06107. For directions, visit www.klingberg.org.

For More Information

Call or email Megan Albanese at megana@klingberg.com or 860-832-5514.

Registration Form

Risking Connection®: Bi-monthly Consultation Groups for RC Trainers

Registration may be submitted by mail or fax to the address and fax number listed below, or may be e-mailed to megana@klingsberg.org. You can register for one group or the whole series. Please complete a registration form for each person attending. **Payment is expected at the time of registration. No refunds will be made for cancellations.**

Name of Trainer: _____ Title of Trainer: _____

Agency: _____

Address: _____

Phone: _____ Fax: _____ E-mail: _____

Check the consultation groups for which you are registering:

March 6, 2012 (\$45 group fee) _____

May 8, 2012 (\$45 group fee) _____

September 11, 2012 (\$45 group fee) _____

Total Payment _____

Method of Payment: Check, money order, VISA, or Master Card
(Please make checks payable to: **KLINGBERG FAMILY CENTERS**)

Type of Credit Care (VISA or Master Card) _____

Credit Card # _____

Expiration Date _____

Name on card _____

Signature _____

Registration Mailing Address:

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