Traumatic Stress Institute of Klingberg Family Centers

and the

Sidran Institute

present the

Seventh Annual, Day of Learning and Sharing for
Risking Connection Trainers

On the Cutting Edge: Helping Clients Heal
from Self-Inflicted Violence

December 4, 2012 at
Klingberg Family Centers – NEW BRITAIN CAMPUS
New Britain, CT, 9-4:30

This year’s featured speaker is Ruta Mazelis, editor of The Cutting Edge newsletter and renowned national speaker on issues of self-inflicted violence, trauma, and trauma-informed care. Ms. Mazelis, herself a trauma survivor, also edits the website healingselfinjury.org.
Goal of Our Annual Days of Learning and Sharing

Every year in our Day of Learning and Sharing we aim to deepen and expand RC trainers’ knowledge about topics central to Risking Connection and, at the same time, foster a sense of community among RC Trainers and agencies who have adopted RC as a training model. RC Trainers get an exclusive invitation to learn together from nationally renowned speakers teaching about topics of immediate relevance to our work. The day also includes a segment on vicarious traumatization and vicarious transformation that RC Trainers can take back for use in their own organizations.

Program Description and Training Objectives

The goals of this workshop are to encourage understanding of self-inflicted violence and promote healing from the need for self-injury in a holistic and trauma-informed way. Self-injury is an intense and often misunderstood topic, greatly impacting the lives of those who live with self-inflicted violence as well as those who care about them. The presenter will explore the many meanings associated with the acts of self-injury, and identify what has been both helpful and hurtful in facilitating healing.

The participant will:

- Gain an understanding of the multiple perspectives on the etiology of self-injury, including addiction, trauma, and biopsychiatric theories.
- Identify common misperceptions regarding self-injury and will become familiarized with the many meanings and motivations associated with the acts of self-inflicted violence.
- Become sensitized to individual variances in the function of self-inflicted violence, and gain insight into cultural and environmental influences.
- Identify treatment practices that are either ineffective or harmful to persons living with self-inflicted violence.
- Become familiar with approaches that facilitate healing from the need for self-inflicted violence.
- Identify multiple stressors that arising from caring about persons who self-injure.

Who Should Attend

This training is open only to RC Associate Trainers and RC Faculty Trainers.
Featured Speaker

Ruta Mazelis joined the nationally renowned Sidran Institute in 2004 while continuing her role as editor of The Cutting Edge newsletter, which she founded in 1990. She is a popular speaker and trainer who presents nationally on behalf of Sidran on issues surrounding self-inflicted violence, trauma, and trauma-informed care.

She frequently consults to SAMHSA’s Center for Mental Health Services on topics related to trauma, including trauma-informed care, co-occurring disorders, re-traumatization in systems of care, self-injury, and criminal-justice involved survivors. She provided extensive technical assistance to the SAMHSA Women, Co-occurring Disorders and Violence Study, served as a program manager for the National Center for Trauma Informed Care, and is currently on the board of the National Trauma Consortium.

Ms. Mazelis, herself a trauma survivor, has worked as a substance abuse and mental health care provider in inpatient and outpatient settings. In addition to The Cutting Edge newsletter, and editing the web site, healingselfinjury.org, she has published numerous articles and contributed to research studies about self-inflicted injury, the impact of trauma, and transforming mental health care.
Registration Form
Seventh Annual, Day of Learning and Sharing
For RC Trainers

Registration may be submitted by mail or fax to the address and fax number listed below, or may be e-mailed to marcim@klingberg.com. **Payment is expected at the time of registration.** We cannot guarantee a spot in the training until payment is received. We also cannot provide refunds for registrants who are not able to attend the training.

**The deadline for registration is Thursday November 29th.**

*Please copy and complete a separate registration form for each person attending.*

Name: ________________________________ Title: ________________________________

Agency: ______________________________________________________________________

Address: ______________________________________________________________________
____________________________________________________________________________

Phone: __________ Fax: ______________ E-mail: _________________

Registration Fee: **$125/person** (Includes coffee, lunch and afternoon snack)

**$105/person if 3 or more are attending from one agency.**

Number of people ______ x $125/person ______

Number of people ______ x $105/person (if 3 or more from agency) ______

**TOTAL** ______

**Method of Payment:** Check, money order, VISA, or Master Card

(Please make checks payable to: **TSI/Klingberg**)

Type of Credit Care (VISA or Master Card) ______________________________

Credit Card # ____________________________________________________________

Expiration Date __________________________________________________________

Name on Card ___________________________________________________________

Zip Code of Billing Address_______________________________________________

Signature _______________________________________________________________

**Registration Mailing Address:**
Marci Marciniec
Klingberg Family Centers
370 Linwood Street
New Britain, CT 06052; Phone: 860-224-5554; Fax: 860- 832-8221
Direction to Klingberg Family Centers’ -- New Britain Campus

370 Linwood St.  
New Britain, CT 06052  
Phone (860) 224-9113

via Route I-84

Route I-84 West From Hartford Or East From Waterbury

Leave I-84 at Exit 35 (Route 72 East--NewBritain)--This is a left hand exit  
Take first Exit, Corbin Avenue  
Turn right onto Corbin Ave., proceed to the fourth traffic light  
At the light, take a left onto Shuttle Meadow Avenue  
Take the second right (at stop sign) onto Linwood Street  
Klingberg Family Centers is at the top of the hill

via Route I-91

Route I-91 North from New Haven Or South From Hartford

Leave Route 91 at Exit 22N (New Britain)--Follow Route 9N  
Leave Route 9N at Exit 24 for Routes 71 and 372 (Kensington)--This is a left hand exit  
Follow 372 to the first set of lights  
Turn right onto Route 71A (High Road/Kensington Avenue)  
Take the second left, Cambridge Street  
At the end of Cambridge Street, take a left onto Linwood Street  
Klingberg Family Centers is at the top of the hill

via Routes 5 & 15

Route 5/15 North From Meriden or South From Hartford

Exit in Berlin, following signs for 9N (New Britain)  
Leave Route 9N at Exit 24 for Routes 71 and 372 (Kensington)--This is a left hand exit  
Follow 372 to the first set of lights  
Turn right onto Route 71A (High Road/Kensington Avenue)  
Take the second left, Cambridge Street  
At the end of Cambridge Street, take a left onto Linwood Street  
Klingberg Family Centers is at the top of the hill

via Routes 9 North

Continue on Route 9N, past the Route 91 interchange  
Leave Route 9N at Exit 24 for Routes 71 and 372 (Kensington)--This is a left hand exit  
Follow 372 to the first set of lights  
Turn right onto Route 71A (High Road/Kensington Avenue)  
Take the second left, Cambridge Street  
At the end of Cambridge Street, take a left onto Linwood Street  
Klingberg Family Centers is at the top of the hill

From Downtown New Britain, CT

Take Arch Street (Kimball Drive) to its end at Linwood Street  
Turn left onto Linwood Street  
Klingberg Family Centers is at the top of the hill
Sponsoring Organizations

The Traumatic Stress Institute (TSI) of Klingberg Family Centers

TSI of Klingberg promotes excellence in trauma-informed services both within Klingberg and to organizations nationally and internationally who treat clients with histories of psychological trauma and attachment disruptions. TSI helps organizations foster trauma-sensitive treatment cultures, increase clinical expertise, achieve positive lasting results with difficult clients, and develop a stable and well-trained work force. Through training and consultation, TSI has assisted organizations reduce restraints and seclusions, decrease staff turnover, operate more effectively within an increasingly competitive marketplace, and improve outcomes for children and families.

Sidran Institute

The Sidran Institute is a national non-profit organization devoted to advocacy, education and research related to: the early recognition and treatment of trauma related stress in children; and the understanding and treatment of adults suffering from trauma-generated mental health conditions. They are the publisher of the Risking Connection curricula.

Klingberg Family Centers

Founded in 1903, Klingberg Family Centers is a private, nonprofit multi-service agency providing help to hundreds of persons across Connecticut each year. Our mission is to extend hope and healing to children and families whose lives have been affected by abuse in its various forms, severe family problems and various emotional, developmental and behavioral difficulties. Klingberg has earned national recognition for training and consultation on implementation of trauma-informed services.