



TRAUMATIC STRESS INSTITUTE

WHAT IS TRAUMA-INFORMED CARE (TIC)?

A model for offering services that is responsive to the needs of people who have endured traumatic events. It maximizes healing and reduces the chance of re-traumatization.

WHY BECOME A TRAUMA-INFORMED ORGANIZATION?

Two-thirds of the general population has suffered adverse events in childhood such as abuse, witnessing violence, or living with an alcoholic parent. The percentage is higher for at-risk populations. TIC is best practice for organizations serving people with this history. TIC enhances client outcomes, reduces costly staff turnover, and elevates an organization's reputation in the eyes of funders.

HOW TO BECOME A TRAUMA-INFORMED ORGANIZATION?

Becoming a trauma-informed organization requires a system-wide change in culture. Time-limited trainings, training clinicians in an evidence-based practice, or restraint reduction will NOT, by themselves, make an organization trauma-informed. Becoming trauma-informed usually requires a multi-year initiative involving mandated staff training, broad administrative buy-in, policy changes, and persistent reinforcement by TIC champions in the organization.

HOW THE TRAUMATIC STRESS INSTITUTE HELPS CLIENTS BECOME TRAUMA-INFORMED ORGANIZATIONS?

PROVEN, TESTED TRAUMA TRAINING MODELS. TSI is national provider of *Risking Connection*(RC) trauma training model. They created the *Restorative Approach* (RA), a TI model for implementing TIC in congregate care settings. TSI helps you embed these models in your organization.

PARTICIPATION IN AN INTERNATIONAL LEARNING COMMUNITY. When you adopt RC as a training model, you join an international community of organizations supporting each other to implement TIC.

INFORMED BY EVIDENCE AND THEORY. TSI has been conducting empirical research on our model for implementing TIC for 10 years. RC and RA are listed on the California Clearinghouse for Evidenced Based Practices.

SUSTAINABLE FOR THE LONG TERM. TSI training and consultation is not "flavor of the month." For example, over 80% of agencies that have adopted RC have used it for 3 years or more. Embedding trauma training, awareness, and practice enables organizations to sustain TIC and prevent the erosion that can so easily happen in high stress service environments.

ACCESS TO OUTCOME AND MEASUREMENT TOOLS. TSI has been a leader in development of tools to measure TIC in organizations. We move beyond vague TIC principles to help organizations see real, tangible outcomes.

FOR MORE INFORMATION

Go to www.traumaticstressinstitute.org or email Steve Brown at steveb@klingsberg.com.



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