



TRAUMATIC STRESS INSTITUTE

ARTIC Scale Core Report ML King Mental Health and School*

(Sample Only)

NOTE: This sample report is only one example of many possible reports that will be generated by the Online ARTIC platform. Reports will vary based on factors such as the evaluation questions being investigated, sector, version of the ARTIC used, number of time points, etc.

Introduction

Thank you for using the Attitudes Related to Trauma-Informed Care (ARTIC) Scale. For eligible users, one hour of consultation is included in your purchase to assist with understanding your scores.

Here is the dashboard report of results thus far at ML King Mental Health and School. This report is for 3 timepoints using ARTIC-45 Education. ARTIC Scale data was collected at the following times:

- Timepoint 1 (T1) – January 9, 2019 (immediately pre-intervention)
- Timepoint 2 (T2) – January 11, 2019 (immediately post-intervention)
- Timepoint 3 (T3) – April 8 through April 20, 2019

Scoring: Means, Percentile Ranks, and Benchmarks

ARTIC scores range from 0 to 7. Scores are reported here as **means** and **percentile ranks**. A **mean** score is the average of a group of individual respondent scores. **Percentile ranks** show how the mean score compares to large representative samples in either the Human Services/Health sector or the Education sector. The percentile rank of a score is the percentage of scores in the sample that are equal to or lower than it. For example, a score at the 55th percentile means that the score is greater than 55 percent of the people in the sample.

Graphs divide the scores into three benchmark ranges based on percentile rank.

- **Thrive Range:** 75th - 100th percentile
- **Grow Range:** 25th - 75th percentile
- **Learn Range:** 0 - 25th percentile

The Traumatic Stress Institute (TSI) of Klingberg Family Centers

New Britain, CT, USA | Website: www.traumaticstressinstitute.org

If you have questions about this survey, please contact support@ARTICscale.org



Graphs Displayed on Dashboard Tabs

The dashboard of scores are displayed on the following tabs to the right (this statement applies to online report). The dashboard only shows selected demographic categories.

- **ARTIC Score Results**

This tab shows the Overall and 7 subscale scores at all timepoints. There is a graph showing a summary of scores and individual subgraphs for the Overall score and each subscale.

For each subgraph, there are **Results** and **Recommendations** specific to that graph. These recommendations are NOT linked to your specific results, but rather reflect current best practice about TIC implementation. For the Overall score and each of the subscale scores, there are recommendations for how to change professional attitudes in **five TIC implementation domains**:

1. Leadership and Communication
2. Hiring and Orientation
3. Training
4. Supervision/Coaching
5. Work Teams/Peer Support

- **ARTIC Scores By Department/Site/School (for Advanced Plus Package only)**

The graph on this tab compares Overall ARTIC scores by department, site, or school for the Advanced Plus package only.

- **ARTIC Scores By Job Role**

The graph on this tab compares Overall ARTIC scores by job role. To protect confidentiality, we only report scores for job roles where there are 10 or more respondents in that group.

- **ARTIC Scores By Years with Organization**

The graph on this tab compares the Overall ARTIC scores by years with your organization. To protect confidentiality, we only report scores for categories where there are 10 or more respondents in that group.

- **Confidence Practicing Trauma-Informed Care (TIC)**

The graph on this tab does **NOT** show ARTIC scores. This graph shows the percentage of your respondents that selected particular answers to the question of how confident they feel practicing TIC.

Description of the ARTIC Scale

The ARTIC Scale is a tool that measures professional and para-professional attitudes related to trauma-informed care (Baker, Brown, Wilcox, Overstreet, & Arora, 2015). It is one of the only, and most widely used, validated measures of trauma-informed care currently available.

Trauma-informed care is a complex approach to service delivery and education and the ARTIC Scale measures only one of many possible indicators of TIC. **The ARTIC Scale CANNOT, on its own, determine if an individual, program, school, organization, or service system is trauma-informed.**

We strongly recommend that the results of the ARTIC Scale be used for quality improvement in a manner consistent with TIC principles -- Safety; Trustworthiness and Transparency; Collaboration and Mutuality; and Empowerment, Voice and Choice (SAMHSA, 2014). **We strongly discourage results from being used in a punitive manner to penalize individuals, programs, organizations, and service systems.**

The ARTIC – 45 version produces an overall score and scores for seven subscales. The ARTIC – 10 version is a short form that only produces an overall score. Below are descriptions of the score categories.

Overall Score

This is a mean score reflecting answers on all items of the ARTIC Scale. It is a global score of attitudes toward TIC.

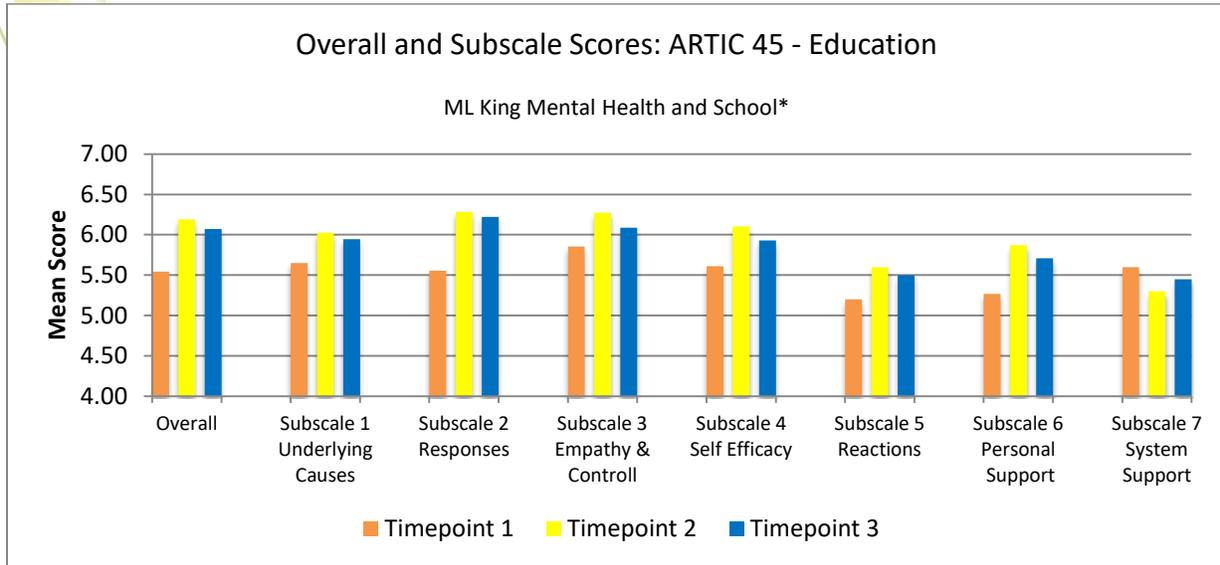
Seven Subscales Scores

1. **Underlying Causes of Problem Behavior and Symptoms.** This subscale measures whether professional attitudes endorse the view that client or student behaviors and symptoms are adaptive and malleable versus intentional and fixed.
2. **Staff Responses to Problem Behavior and Symptoms.** This subscale measures attitudes about whether professional responses to problem behavior should focus on the importance of the relationship, flexibility, kindness, and safety as the agents of change versus focus on accountability, consequences, and rules as the agent of change.
3. **Empathy and Control.** This subscale measures attitudes about whether professional behavior should be empathy-focused versus control-focused.
4. **Self-Efficacy at Work.** This subscale measures attitudes about whether professionals feel able and confident to meet the demands of working with a traumatized population versus feel unable to meet the demands.
5. **Reactions to the Work.** This subscale measures attitudes about whether professionals appreciate the effects of secondary trauma/vicarious trauma and cope by seeking support versus minimize the effects of secondary trauma/vicarious trauma and cope by ignoring or hiding the impact.
6. **Personal Support for Trauma-Informed Care.** This subscale measures attitudes about whether professionals feel supportive of, and confident about, implementation of TIC versus concerned about implementation of TIC.
7. **System-wide Support for Trauma-Informed Care.** This subscale measures attitudes about whether the wider system (i.e. administration, supervisors, colleagues) supports TIC versus does not support TIC.

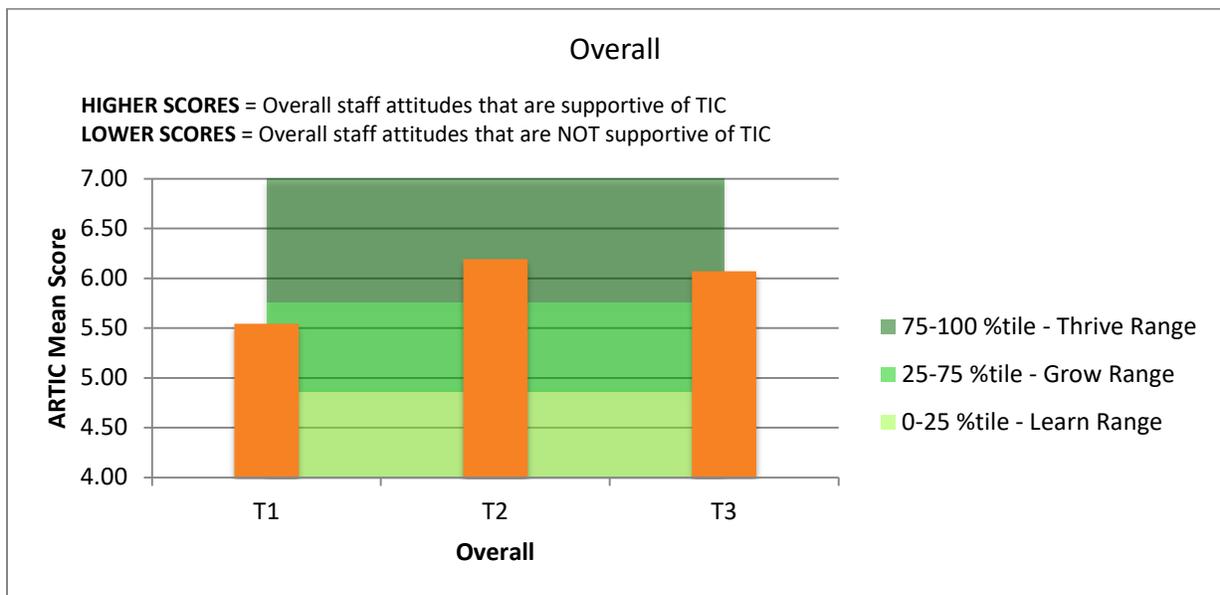
Note: Online reports allow you to click on Overall or any of the Subscale columns in the “Overall and Subscale Scores” graph to view a more detailed subgraph. This sample report shows “Overall” and “Underlying Causes” subgraphs only as examples.

ARTIC Score Results

- To interact with this graph, hold your cursor over an individual column to view the corresponding mean score
- Click on Overall or any of the Subscale columns to view a more detailed subgraph below



NOTE: Mean Scores are NOT comparable across subscales. Percentile ranks CAN be compared across subscales.



Results

- The score for the Overall subscale at Timepoint 3 is 6.07. This falls in the Thrive Range

Recommendations to Change Attitudes: Overall Score

Leadership and Communication

-
-

Hiring and Orientation

-
-

Training

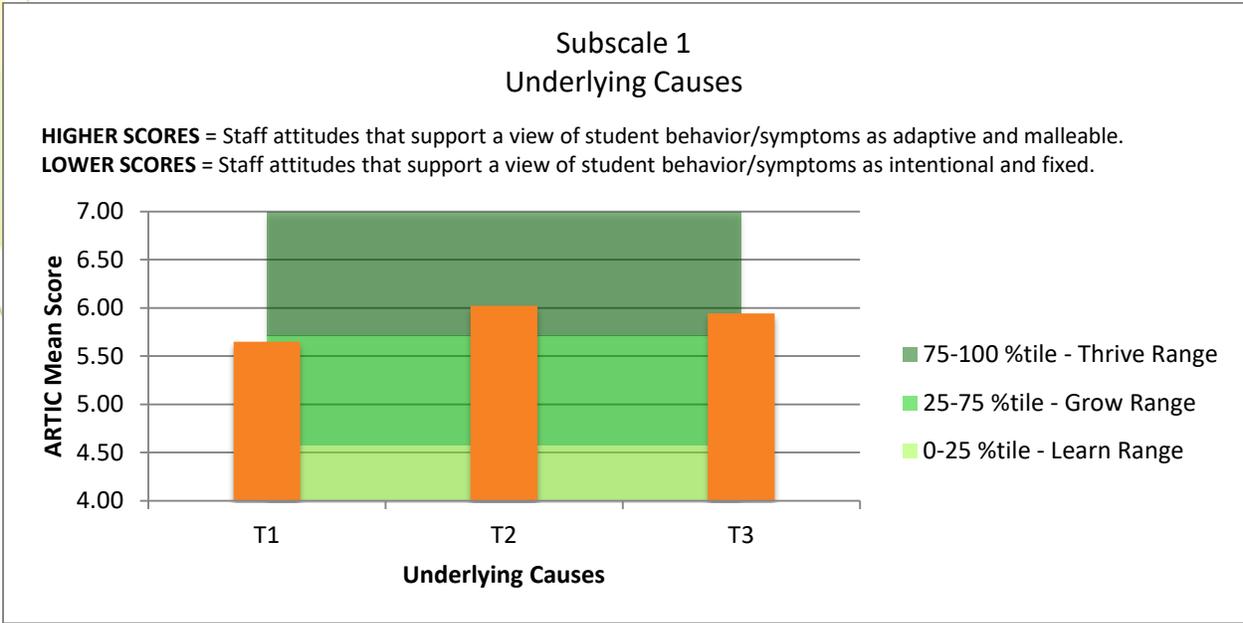
-
-

Supervision/Coaching

-
-

Work Teams/Peer Support

- -
-



Results

- The score for the Underlying Causes subscale at Timepoint 3 is 5.94. This falls in the Thrive Range

Recommendations to Change Attitudes: Underlying Causes of Problem Behavior and Symptoms

Leadership and Communication

-
-

Hiring and Orientation

-
-

Training

-
-

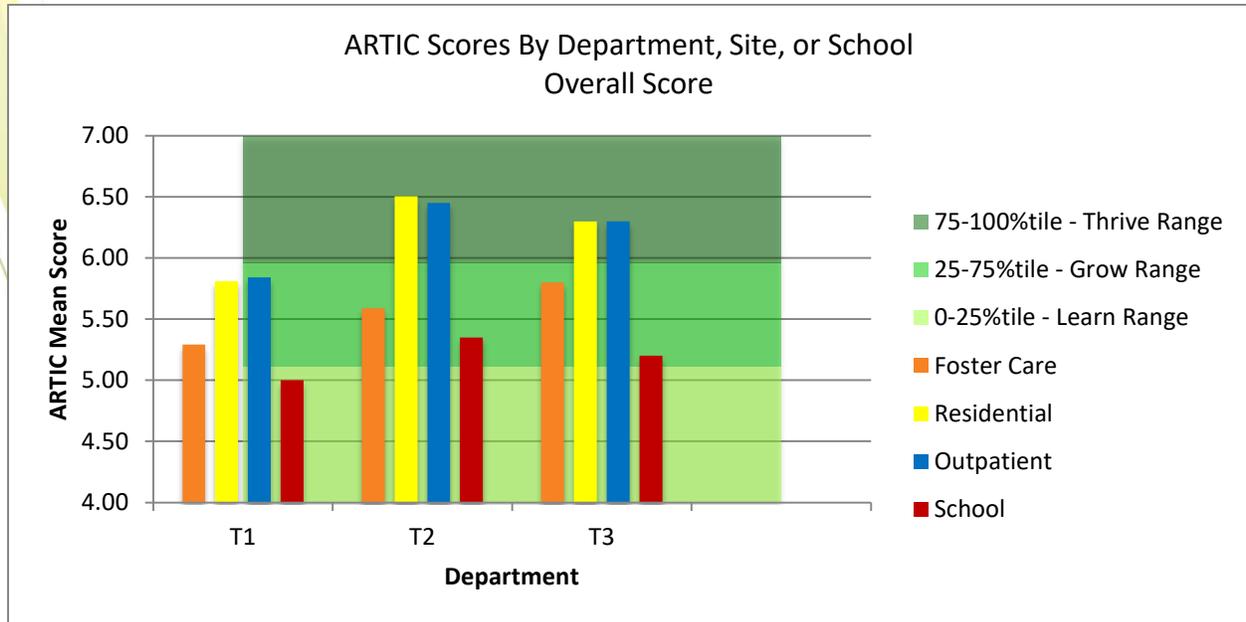
Coaching/Supervision

-
-

Peer Support/Work Teams

-
-

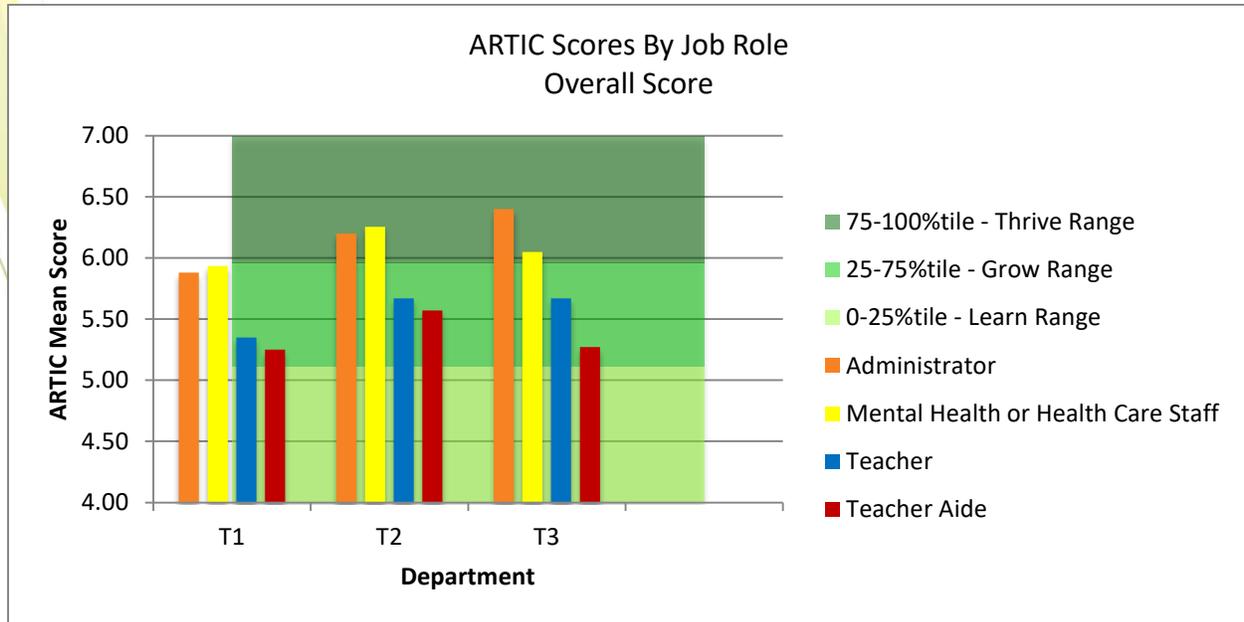
ARTIC Scores by Department (For Advanced Plus Package Only)



Results

- The Overall Score for respondents from **Foster Care and School** at Timepoint 3 falls in the Grow Range
 - The Overall Score for respondents from **Residential and Outpatient** at Timepoint 3 falls in the Thrive Range
-

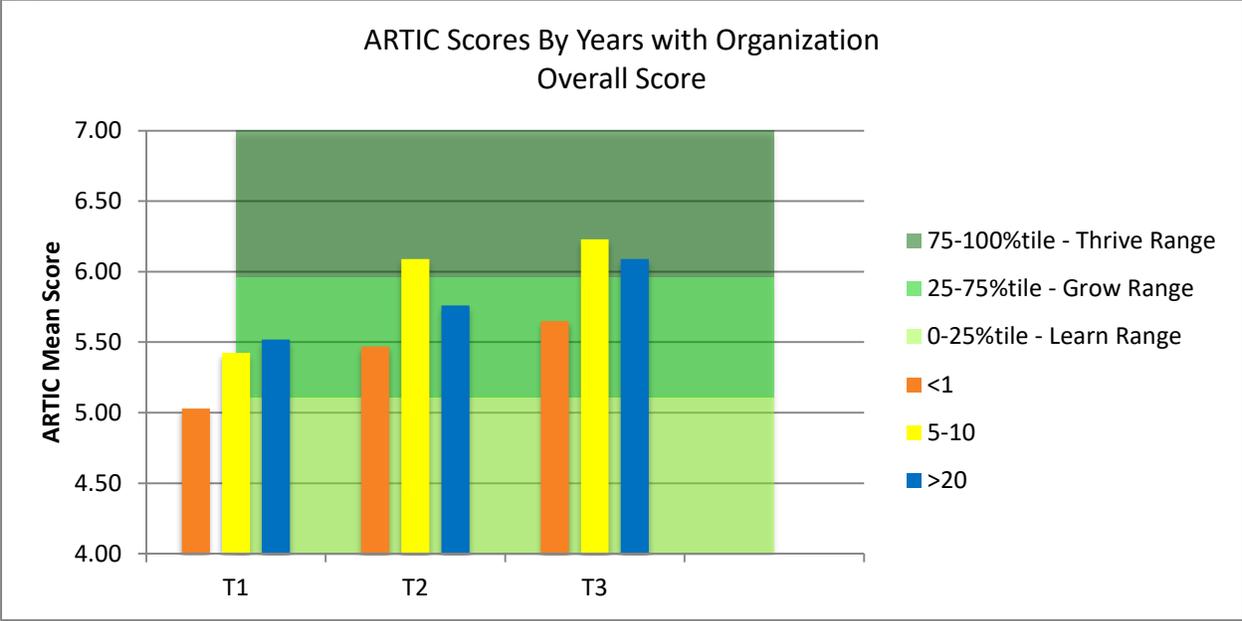
ARTIC Scores by Job Role



Results

- The Overall score for **Teachers and Teacher Aides** at Timepoint 3 falls in the Grow range
- The Overall score for **Administrator and Clinicians** at Timepoint 3 falls in the Thrive range

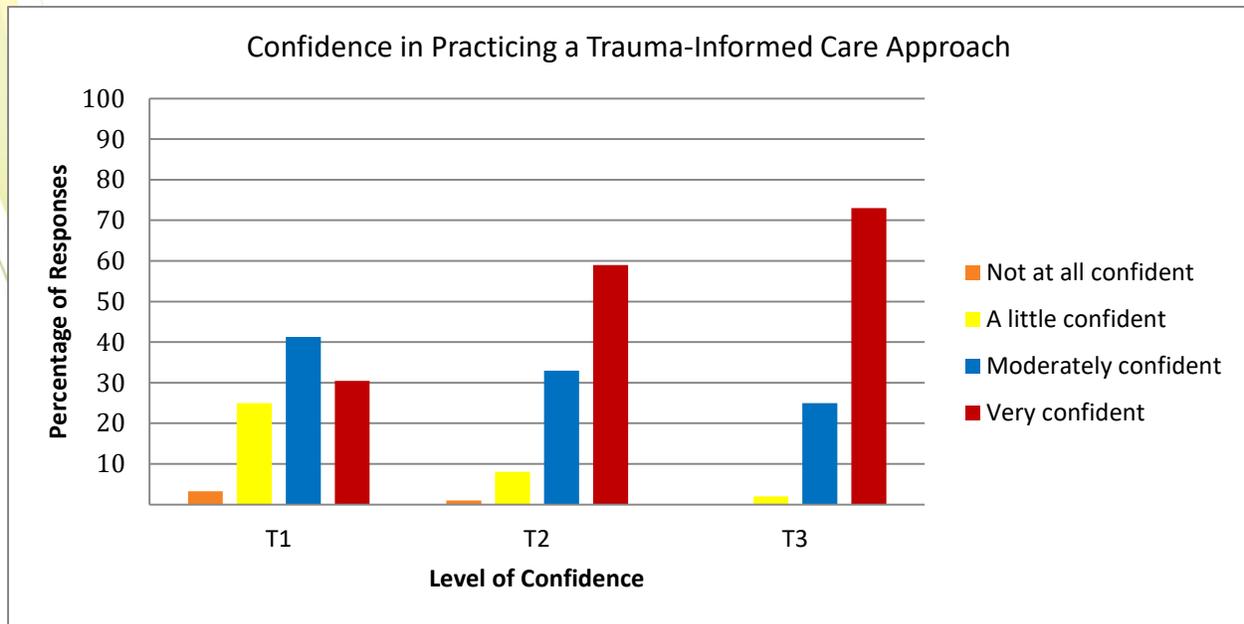
ARTIC Scores by Years with Organization



Results

- The Overall score for respondents with <1 years with the organization at Timepoint 3 falls in the Grow Range
- The Overall score for respondents with 5-10 and >20 years with the organization at Timepoint 3 falls in the Thrive Range

Confidence Practicing TIC



Results

- 73% of respondents at Timepoint 3 answered that they were **Very Confident** practicing TIC
- 25% of respondents at Timepoint 3 answered that they were **Moderately Confident** practicing TIC
- 2% of respondents at Timepoint 3 answered that they were **A Little Confident** practicing TIC

TIC Resources

Note: Resources on System Implementation of Trauma-Informed Care include resources and websites that reflect current best practice about TIC implementation. In the online reports they are organized into the following categories.

Resources on System Implementation of Trauma-Informed Care

General

Trauma-Informed Care Implementation Guides

Trauma-Informed Care System Change Models

Trauma-Sensitive Schools

Secondary Traumatic Stress/Vicarious Trauma

*** Please note, ML King Mental Health and School is not an actual organization. All data shown are for illustration purposes only.**

*** Graphic and written representation of results of actual ARTIC online platform reports may differ in final product.**



TRAUMATIC STRESS INSTITUTE

ARTIC Scale Core Report Individual Report (confidential; sent directly to participant)*

(Sample Only)

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Introduction

Thank you for taking the ARTIC Scale.

Here is the dashboard report with your individual scores. **Your scores are confidential. Only YOU and the Traumatic Stress Institute team will have access to these scores.** We also provide your organization with a dashboard report about the overall evaluation or study; that report only reflects results from all respondents put together.

Timepoints

This report is for 3 timepoints using ARTIC-45 Education. ARTIC Scale data was collected at the following times:

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Scoring: Means, Percentile Ranks, and Benchmarks

Scores are reported here as **means** and **percentile ranks**.

ARTIC scores range from 0 to 7. A higher score is a more favorable score.

The **mean** score (between 0 and 7) is the average of all the items on the ARTIC or a subscale.

Percentile ranks (between 0 and 100) show how your score compares to scores in a large representative sample. Your percentile rank represents the percentage of scores in the sample that are equal to or lower than your score. For example, if you received a score at the 55th percentile, this means that your score is greater than 55 percent of the people in the sample.

Graphs divide the scores into three benchmark ranges based on percentile rank.

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Explanation of Overall and Subscale Scores

The ARTIC – 45 version produces an overall score and scores for seven subscales. The ARTIC – 10 version is a short form that only produces an overall score.

Explanations of what higher and lower ARTIC scores indicate are on each graph.

Thank you for your participation.

To become a truly trauma-informed organization, school, or systems, ALL professionals must work to embrace its principles. We hope you find this information helpful as you strive to provide the best possible services for people who have suffered trauma and childhood adversity.

Description of the ARTIC Scale

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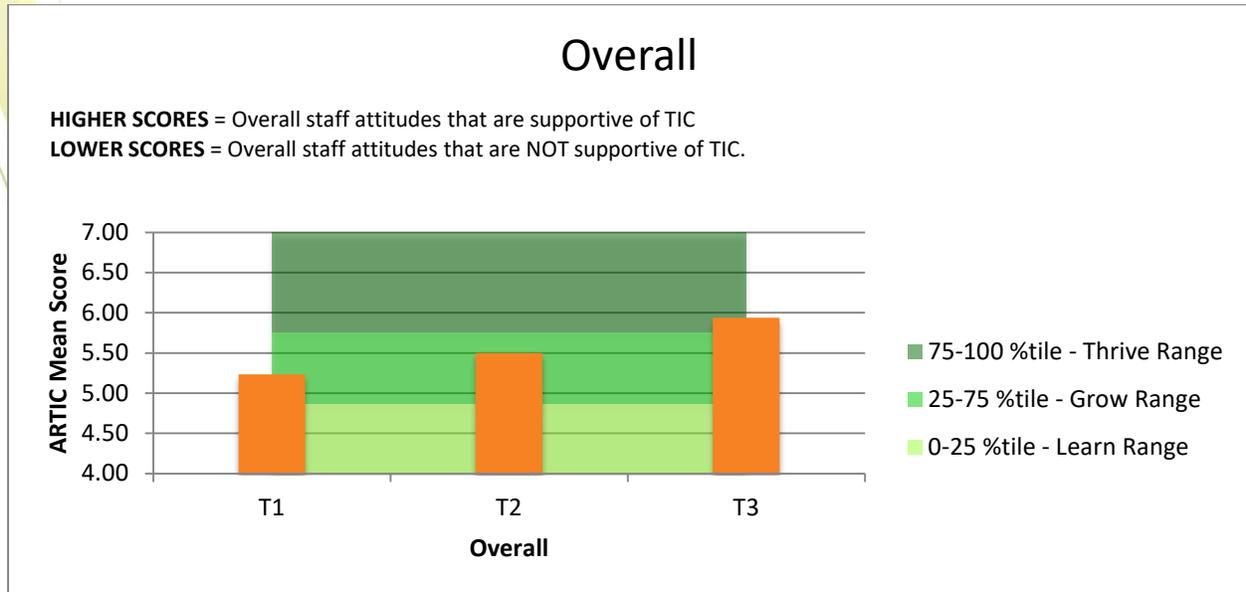
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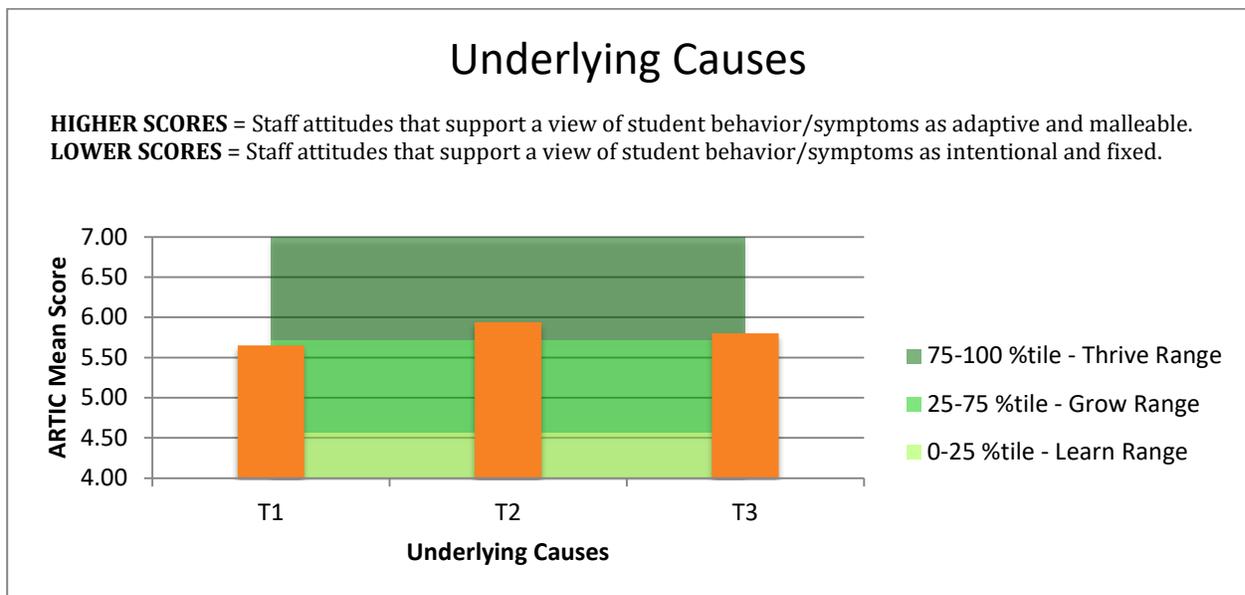
Note: Online report displays detailed subgraphs for the Overall ARTIC Score and seven subscales. This sample report shows "Overall" and "Underlying Causes" subgraphs only as examples.

ARTIC Individual Results



Results

- The score for the Overall subscale at Timepoint 3 is 5.94. This falls in the Thrive Range



Results

- The score for the Underlying Causes subscale at Timepoint 3 is 5.80. This falls in the Thrive Range

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